



## Littleton Chiropractic Clinic, LLC

Dr. Melaney Y. Littleton, D.C.

8420 Delmar Blvd. Ste. LL10

St. Louis, Mo 63124

Phone (314) 997-4460 Fax (314) 997-2306



### Informed Consent Document

**Patient Name:** \_\_\_\_\_

To the Patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

#### **The nature of the chiropractic adjustment.**

The primary treatment used by Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

#### **Analysis / Examination / Treatment**

As a part of the analysis, examination and treatment, you are consenting to the following procedures:

Spinal manipulative therapy, palpation, Vital Signs, range of motion, orthopedic testing, basic neurological testing, Muscle strength, postural analysis testing, Ultrasound, Hot/Cold therapy, EMS, Radiographic Studies.

**Please initial each procedure that you consent.**

#### **The material risk inherent in chiropractic adjustment.**

As with any procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscles strain, cervical myelopathy, costovertebral strains and separations and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to the Doctors attention it is your responsibility to inform the Doctor.

#### **The probability of those risk occurring.**

Fractures are rare occurrences and generally result from underlying weakness of the bone which we check for during the taking of your history and during examination and X-Ray. Stroke and /or arterial dissection caused by chiropractic manipulation of the neck has been the subject of ongoing medical research and debate. The most current research on the topic is inconclusive as to a specific incident of this complication occurring. There is a casual relationship at all it is extremely rare and remote. Unfortunately, there is no recognized screening procedure to identify patients with neck pain who risk of arterial stroke.

#### **The availability and nature of other treatment options.**

Other treatment options for your condition may include:

- Self-administered, over the counter analgesics and rest
- Medical care and prescriptions drugs such as anti-inflammatory, muscle relaxants and pain-killers.
- Hospitalization
- Surgery

#### **OVER**

If you chose to use one of the above "other treatment" options you should be aware that there are risk and benefits of such options and may wish to discuss these with your primary medical physician.

#### **The risk and dangers attendant to remaining untreated**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.



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### Consent to treatment (Minor)

I hereby request and Authorize Littleton Chiropractic to perform diagnostic and render chiropractic adjustments and other treatment to my minor son/daughter: \_\_\_\_\_.

This authorization also extends to all other doctors and office staff members and is intended to include radiographic examination at the doctor's discretion.

As of this date, I have the legal right to select and authorize health and senior services for the minor child named above. (If applicable) Under the terms and conditions of my divorce, separation or other legal authorization, the consent of a spouse/former spouse or other parent is not required.

If my authority to so select and authorize this care should be revoked or modified in any way, I will immediately notify this office.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.  
PLEASE CHECK THE APPORRIATE BLOCK AND SIGN BELOW.**

I have read [ ] or have had read to me [ ] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Littleton Chiropractic and have had my questions answered to my satisfaction. By signing below, I state that I have weighted the risk involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment and have decided in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to treatment.

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Littleton Chiropractic Clinic LLC

Clinic Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature of Parent or Guardian (if a Minor)

Date: \_\_\_\_\_